

The place of looking in rukū'

source: mutafarriqāt ~ miscellaneous ~ tape no. 1

Question #13: "Where is one supposed to look while making the *rukū'* in prayer?"

Shaykh al-Albānī answers:

"There isn't any place that is assigned for him to look at, as is the case with regard to his state of standing and his state of sitting for the *tashahhud*. So while he is standing, he directs his sight to the place of his prostration, and while he is sitting during the *tashahhud*, he directs his sight to his (right index) finger. As for while he is making the *rukū'*, then there isn't a fixed place that we were commanded to look at, so therefore the matter is unrestricted."

~ asaheeha translations ~