



Q 4: What is the treatment for a spell which is allowed by Shari'ah? Is it permissible for her to use sedative-hypnotic medications knowing that they contain narcotic substances which are commonly used in treating psychological disorders? What shall we do after having told her

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that what she does is considered Shirk (associating others in worship with Allah), and reading to her your answer if Allah wills? Is she considered a Mushrikah (a woman who associates others in worship with Allah) though she suffers from some sort of obsession? If were to see her during one of her spasms, you would think she is mentally ill. However, when the spasm subsides, she is the most sensible of women.

A: First, It is impermissible to treat a spell with another spell, rather it should be treated with Ruqyah (reciting Qur'an and supplications to cure the sick), reading the Adhkar (Remembrances of Allah) related from the Prophet, Du'a' (supplication) and asking Allah to heal her. The books such as "Al-Kalim Al-Tayyib" by Ibn Taimiyyah, "Al-Wabil Al-Sayyib" by Ibn Al-Qayyim, "Riyad Al-Saliheen" and "Al-Adhkar Al-Nawawiyyah" by Al-Nawawi (may Allah be merciful with them) contain many useful Adhkar and supplications. It is best for you to read these books to seek guidance for yourself, your family, and loved ones.

Second: Continue to advise your mother and always being polite and kind to her, as Allah stated, ﴿ And We have enjoined on man (to be dutiful and good) to his parents. His mother bore him in weakness and hardship upon weakness and hardship ﴾ (Surah Luqman, 31: 14), until Allah's saying, ﴿ But if they (both) strive with you to make you join in worship with Me others that of which you have no knowledge, then obey them not; but behave with them in the world kindly, and follow the path of him who turns to Me in repentance and in obedience. ﴾ (Surah Luqman, 31: 15).

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Third: If she is considered temporarily insane when she is attacked by spasms, perhaps she may be excused and Allah will forgive her for what she commits while in that state. Allah is the Healer and the Guide to the straight path.

May Allah grant us success! Peace and blessings be upon our Prophet Muhammad, his family and Companions.

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